

# Celebrate National Military Appreciation Month

Apr 30, 2010

The freedom and security that citizens of the United States enjoy today are direct results of the bloodshed and continued vigilance given by the United States Armed Forces over the history of our great nation.

In 2004, U.S. Congress passed a resolution proclaiming May as National Military Appreciation Month, calling all Americans to remember those who gave their lives in defense of freedom and to honor the men and women of our Armed Services who have served and are now serving our country, together with their families.

As no stranger to the sacrifices of our brave men and women, this month VFW calls on all Americans to do their part and show your appreciation to each individual who has ever donned the uniform of the U.S. military and committed to maintaining the way of life we all enjoy today.

For ideas on how you can participate, please visit  
<http://www.nmam.org/participate.htm>.

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